



BWLIO

Beth yw bwlio?

Ymddygiad niweidiol sydd:

- Yn digwydd dro ar ôl tro
- Wedi'i dargedu at berson

Mae sawl math o fwlio gwahanol:

- Seibr fwlio
- Ymosodiad corfforol
- Pryfocio
- Gwneud bygythiadau
- Galw enwau

What is bullying?

Harmful behaviour which is:

- *Repeated,*
- *Targeted towards a person.*

It takes many forms and can include:

- *Physical assault*
- *Teasing*
- *Making threats*
- *Name calling*
- *Cyberbullying*

BULLYING

